

## Preventing Dental Caries

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### Preventing Dental Caries

To prevent tooth decay: Brush your teeth at least twice a day with a fluoride-containing toothpaste. Preferably, brush after each meal and especially before going to bed. Clean between your teeth daily with dental floss or interdental cleaners, such as the Oral-B Interdental Brush, Reach Stim-U-Dent, or Sulcabrush.

### Tooth Decay Prevention: 8 Daily Dental Care Tips

Chou et al. assessed the efficacy of preventing dental caries in children younger than five years of age including preventive treatments such as dietary fluoride supplementation, fluoride varnish and xylitol. The authors updated the 2004 US Preventing Services Task Force recommendation.

### Prevention of dental caries: A review of effective treatments

Since dental caries do not progress without the bacteria present in dental plaques, daily plaque removal by brushing, flossing, and rinsing is one of the best ways to prevent dental caries and periodontal disease. Proper brushing and flossing methods may be taught at the dental office during routine check-ups.

### Diagnosis and Prevention Strategies for Dental Caries

The US Food and Drug Administration (FDA) recognizes fluoride as the only compound that prevents dental caries. 19 In the US, community fluoridated water, toothpastes, and mouthrinses are the primary sources of fluoride. 19 Other sources include office gels, varnishes, and silver diamine fluoride (SDF).

### Strategies for the Prevention of Dental Caries ...

Dental sealants can also prevent some cavities. Sealants are the thin plastic-like coatings applied to the chewing surfaces of the molars. This coating will prevent the accumulation of plaque in the deep grooves. Fluoride is often recommended to protect against dental caries.

### Symptoms, Treatment and Prevention of Dental Caries | St ...

Priority Area: Healthy Mothers, Healthy Babies, Healthy Children - Dental Caries Disease among New York State's Children. Pregnancy and early childhood are critical periods for ensuring good oral health. The consequences of poor oral health are costly yet the problems are preventable.

### Priority Area: Healthy Mothers, Healthy Babies, Healthy ...

Oral Health Plan for New York State. The 2014 Plan builds upon the progress made and lessons learned in implementing previous oral health efforts, and fits within the broader goal of improving overall health. ... Preventing dental caries and other oral diseases can reduce pain.

### Oral Health Plan for New York State

Replacement of sugar with xylitol may be an effective strategy in preventing dental caries, but the results of this review do not indicate that prevention is worthwhile only with xylitol. The review was carried out with the help of two outcome measures, DMFS/dmfs index (main analysis) and MS count (subgroup analysis).

### Xylitol in preventing dental caries: A systematic review ...

both the prevention and treatment of dental caries in children and adolescents in Ireland. The focus of the recommendations is early identification of high caries risk children in order to initiate early preventive measures. This represents a reorientation of dental services from its present target group of school-aged

### STRATEGIES TO PREVENT DENTAL CARIES IN CHILDREN AND ...

These teams focused on interventions to prevent and control dental caries (including community water fluoridation, schoolbased or schoollinked pit and fissure sealant delivery programs, and communitywide sealant promotion programs), oral cancers, and sports-related craniofacial injury because these important health problems contribute substantially to annual dental care expenditures, serve as selected indicators of the need for preventive services, and address several Healthy People 2010 ...

### Promoting Oral Health: Interventions for Preventing Dental ...

Research has shown that fluoride is most effective in dental caries prevention when a low level of fluoride is constantly maintained in the oral cavity. The goal of community-based public health programmes, therefore, should be to implement the most appropriate means of maintaining a constant low level of fluoride in as many mouths as possible.

### WHO | Risks to oral health and intervention

Final Research Plan for Prevention of Dental Caries in Children Younger Than Age 5 Years: Screening and Interventions Recommendations made by the USPSTF are independent of the U.S. government. They should not be construed as an official position of the Agency for Healthcare Research and Quality or the U.S. Department of Health and Human Services.

### Final Research Plan: Prevention of Dental Caries in ...

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### Research & Publications | Division of Oral Health | CDC

prevention, access, workforce, and surveillance and research. We hope that the guidance provided in this Plan will serve as a blueprint for achieving optimal oral health for all New Yorkers. Oral diseases are a major health concern affecting almost every person in New York State. Dental caries and

### Oral Health Plan for New York State

BACKGROUND AND OBJECTIVE: Screening and preventive interventions by primary care providers could improve outcomes related to early childhood caries. The objective of this study was to update the 2004 US Preventive Services Task Force systematic review on prevention of caries in children younger than 5 years of age. METHODS: Searching Medline and the Cochrane Library (through March 2013) and ...

### Preventing Dental Caries in Children | American Academy of ...

Dental sealants are clear or opaque plastic materials applied to the chewing surfaces of the back teeth to prevent dental caries. School-based programs provide dental sealants to students in two settings: Onsite at schools using portable dental equipment; Offsite in dental clinics; Programs may target the following:

### Dental Caries (Cavities): School-Based Dental Sealant ...

In the early 1980s, dental caries in Jamaica was widespread. On average, children had 6.7 decayed, missing, or filled teeth, and fewer than 3 in every 100 children were free of caries. Intervention or Program: In 1987, at the encouragement of a dentist from the country's Ministry of Health, Jamaica's only salt producer began producing and selling fluoridated salt.

### CASE 18: Preventing Dental Caries in Jamaica | Center For ...

Fluoride varnish is also ideal for caries prevention because it prevents bacteria buildup on your teeth. You should try this option to keep your teeth in good shape. Check Your Diet