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Iranian home kitchens with exclusive photography and fragrant, modern recipes that are rooted in the rich tradition of Persian cooking. All fully accessible for the home cook, Yasmin's recipes range from the inimitable fesenjoon (chicken with walnuts and pomegranates) to kofte berenji (lamb meatballs stuffed with prunes and

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barberries) and ghalyieh maygoo (shrimp, coriander, and tamarind stew).

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The Saffron Tales: Recipes from the Persian Kitchen. Armed with little more than a notebook and a bottle of pomegranate molasses, and fueled by

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memories of her family's farm in the lush seaside province of Gilan, British-Iranian cook Yasmin Khan traversed Iran in search of the most delicious recipes.

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from The Saffron Tales: Recipes from the Persian Kitchen The Saffron Tales by Yasmin Khan Categories: Egg dishes; Pasta, doughs & sauces; Breakfast /

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The Saffron Tales: Recipes from the Persian Kitchen ...

The Saffron Tales Recipes from the Persian Kitchen A glorious celebration of the food and people of Iran, featuring stories from home kitchens and more than 80 delicious, modern recipes.

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**The Saffron Tales: Recipes from the
Persian Kitchen ...**

Yasmin Khan has weaved together stories and Iranian recipes from home kitchens and united them with modern recipes that are firmly rooted in traditional Persian cooking. Her recipes range from the inimitable fesenjoon (chicken with walnuts and

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Saffron Tales cookbook: Recipes from bandari fishcakes to ...

Yasmin Khan, the author of The Saffron Tales, tells me that at Nowruz, the Persian New Year, "Iranians eat lots of fresh herbs and greens, which symbolize the renewal and rebirth of spring." There

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31 Persian Recipes for Nowruz and Beyond

About The Saffron Tales. 'This is so much more than a compilation of recipes, gorgeous though they themselves are. 'Barberries, fresh herbs, date molasses, dried limes, saffron; Yasmin's Persian

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pantry staples are a roll call of my favourite ingredients.

The Saffron Tales: Recipes from the Persian Kitchen ...

'The Saffron Tales: Recipes from the Persian Kitchen' is a first-rate cookbook. Starting with the opening dedication, the book surprises and delights.

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'The Saffron Tales: Recipes from the Persian Kitchen' is a ...

Yasmin Khan is a best-selling and award-winning author, broadcaster and campaigner, who is passionate about sharing people's stories through food. Her work sits on the intersection of food, travel and politics and her critically-

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acclaimed books, The Saffron Tales and Zaitoun , use everyday stories to human connection to challenge stereotypes ...

Yasmin Khan - Writer, Broadcaster and Cook

(Good Housekeeping) Delights that are achievable in a domestic kitchen, it is a balancing act of some beauty (Literary

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Review) The recipes are sumptuous and the photos of this seldom glimpsed country are stunning (Delicious) Yasmin Khan has lived and traveled widely in Iran, and The Saffron Tales . . .

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Eggplant and Mushroom Tahcheen. This

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beautiful, saffron-infused savory rice cake is a regional specialty from Shiraz in central Iran. Traditionally it is made with poached chicken, but this vegetarian alternative swaps in rich and earthy portobello mushrooms and meaty eggplants.

The Saffron Tales | Epicurious.com

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